



**KEY**

	Route signed for cyclists. May be on a busy road.		National rail line and station
	Route signed for cyclists separate from traffic. Usually shared with pedestrians.		Underground station
	Route signed for cyclists through park or beside canal or river. Usually shared with pedestrians.		National Rail/Underground interchange
	Route on quieter roads recommended by cyclists.		Arts Centre
	One-way street		Cinema
	Bike Shop. (see separate listings for names)		Market
			Museum
			Police Station
			Hospital
			Leisure Centre
			School
			Theatre

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